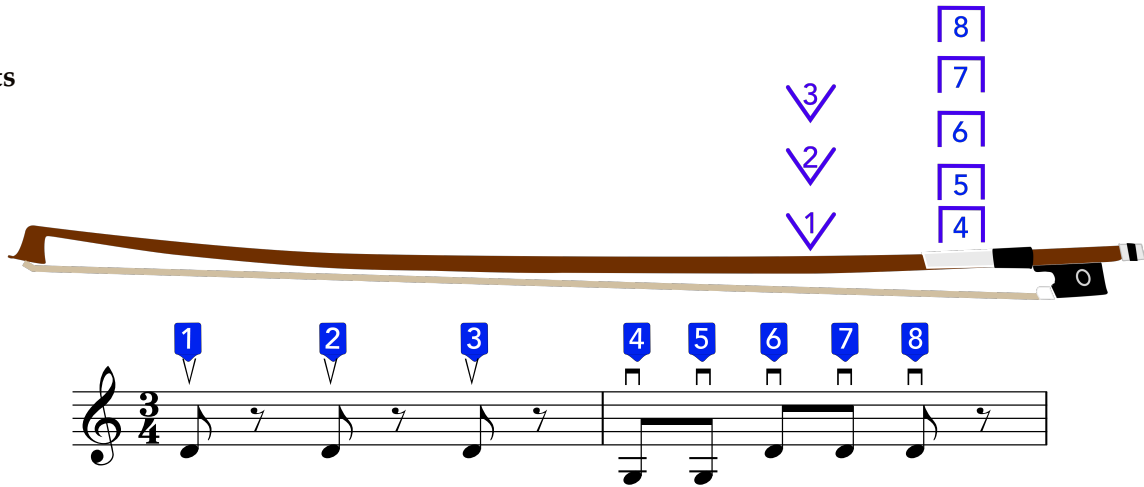


Variation 4

Right Hand Technique(s) and Objectives Collé

- Develop enormous amount of flexibility and control with the fingers of the bow hand.
- Develops clean articulation with the attacks of notes.

Touchpoints



Instructions

Strokes 1-8: All strokes start on the string. Use finger and wrist motion to scoot the bow.

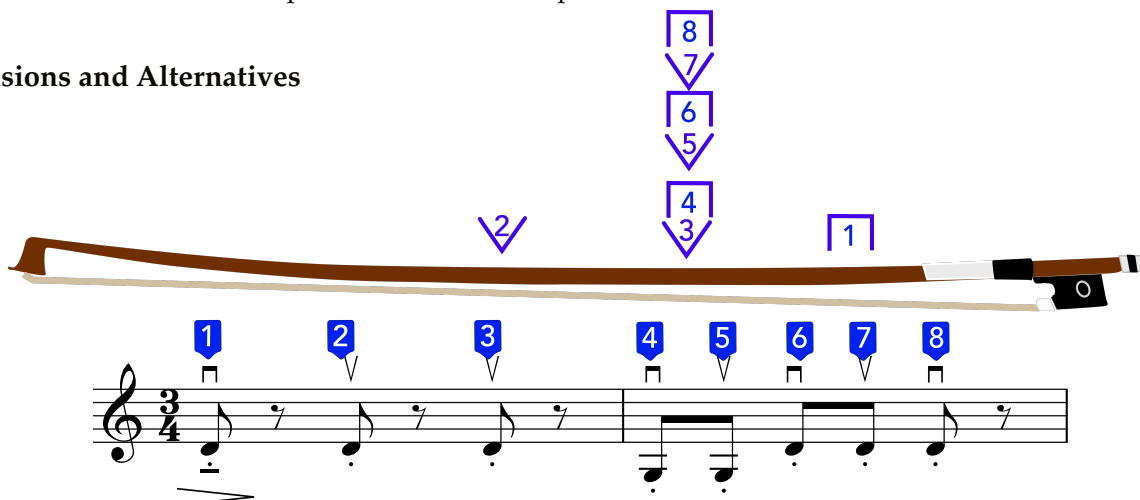
Strokes 1-2: Start an inch+ from the frog. In a quick motion, curl the fingers like you are making a fist, so that the bow scoots toward the frog. At the same time lift the wrist. This will start the small, clock-wise wrist circles (think elliptical). Once the hand is off the string, follow through with the rotation of the wrist until the hair's touchpoint is back where it started.

Stroke 3: Execute like 1 and 2, but instead of fully rotating the wrist to return to the starting point, stop the wrist motion at the apex of the circle, but then reverse the rotation, and start a counter-clockwise rotation with the wrist. Now the touch point will be at the frog below the winding.

Strokes 4-7: Each stroke should begin with fingers curled and bent. Use a powerful wrist motion to initiate the down bow. Make counter-clockwise circles (ellipses), timed so the bow hair hits the string at the bottom apex of the circle.

Stroke 8: Execute like 4-7, but at the during the circle motion stop the hand at the right apex of the circle (frog-side) and reverse directions to place the bow for the up bow on the next down beat.

Extensions and Alternatives



Stroke 1: Quick on the string toward the middle of the bow.

Strokes 2-3: Both will start on the string and are lifted off as soon as there is a nice ringing tone.

Strokes 4-8: are bounced around the balance point or a little above the balance point.