

Open String Accompanied Exercises

My dear Violin Lab students,

The following exercises are intended to give your right arm it's own time and space to develop without intrusion from the left hand. All too often students move too quickly through the beginning training videos to get to playing songs. The right arm training is abandoned and thus, good bowing skills remain underdeveloped. These exercises are to be used as warmups and continued even once you are advancing through the beginning literature. As you improve, you will be able to increase your levels of technical awareness. Below is a technical "wishlist" to keep handy near your music stand. Enjoy playing these lovely little duets with me as you nurture an outstanding bow arm!

Sincerely,

Beth

Things to think about on each and every bow stroke:

Bow Stays Straight (Travels in Middle Lane)

Bow Hold is Great Throughout (Pinky curved and relaxed)

Shoulder is Heavy and Relaxed

Consistent Usage of Bow Amount

Rhythm is Good and Coordinates to the Beat

Bow Pressure and Bow Speed Produce Consistent Tone Throughout Each Bow Stroke

Awareness of Bow Direction (Down and Up Bows)

Smooth Bow Changes

Smooth String Crossings

Crisp and Clear Beginning Articulations (when applicable)

1

2

3

4

Re-articulate each new bow stroke.

5

This line should be smooth and legato.

On the repeat of the first phrase, skip the 1st ending and go on to the 2nd ending.

6

1.

2.

Re-articulate each new bow stroke.

7

V

Play with a short, staccato bow stroke.

8

V