

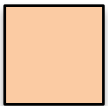
Color Guide to Watching Videos



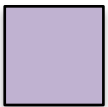
Watch the green videos *in order* first.



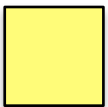
Watch all the blue videos from any section next. You can watch blue videos from the different sections concomitantly.



Watch all the peach videos next.



Then purple.



Lastly yellow.

Beginning Lessons: Level 1 (Syllabus)

Getting Started

Getting Started With the Curriculum

Watch This If You Are a Beginner and New to Violin Lab	
Best Practices for your Best Practices: creating effective practice sessions	

Setting Up

Instrument Set Up	
Putting Guide Tapes on the Violin	
Tuning the Violin	
Tightening the Bow	
Rosining the Bow	
Violin Hold	
Fitting the Shoulder pad	
Adjusting the Bon Musica	
Note Names of Open Strings	
Comfortability Issues	
Tuning with the Pegs	

Establishing the Right Hand First

How to Hold the Bow	
Bow Hold Exercises	
Bow Geometry	
Preparing the Bow Arm	
First Bow Strokes	
Guided Practice Introduction	

Guided Practice #1: Playing in the Middle of the Bow	
Playing at the Tip of the Bow	
Bowing at the Frog	
Guided Practice #2: Playing at the Frog and Tip	
String Crossing Basics, part 1	
Guided Practice #3: String Crossings	
Whole Bow Strokes	
Guided Practice #4: Whole Bow Strokes	

**Establishing
the Left Hand Next**

Left Hand Set Up: Part 1 - Overview	
Left Hand Set Up: Part 2 - Finger Action of the Left Hand	
Left Hand Set Up: Part 3 - Thumb Placement	
Left Hand Set Up: Part 4 - Rotation Angles	
Left Hand Set Up: Part 5 - Inside of Hand	
Finger Action and Finger Pressure	
Adding Fingers to Bow Stroke	
2-3 Finger Spacing Pattern	
Left Hand Exercises to Build Good Finger Action and Hand Placement	
String Crossings for the Left Hand	
Fingers and Bow Strokes: Pre-Twinkle Exercises	
Note Names for Finger Spacing Pattern 1	

Technique

**Tone and Intonation
Development Stage 1**

Intonation: part 1	
Tone Production 1: Finding the Ring Tones	
Intonation: part 2	
Consistent Finger Placement and Intonation	

Right Hand

Bow Retakes	
Bow Arm Tension: Getting Rid of the Bounce	
Stiffness in the Wrist and Fingers of the Bow Arm	
Maintaining a Straight Bow 1: Setting Up for Success	
Maintaining a Straight Bow 2: Reach not Swing	

Left Hand

Left Hand Mobility and Relaxation	
Playing Comfortably on the G String	
Guided Practice #5: Finger Spacing Pattern 1	
Skips with Finger Spacing Pattern 1	
Using 4th finger	
Guided Practice #6: Skips, part 1	
Guided Practice #7: Skips, part 2	
Fingertips hitting other strings	

Repertoire

Suzuki Book 1 and Violin Lab Repertoire

Twinkle, Twinkle, Little Star Lesson 1: Variation A	
Twinkle, Twinkle, Little Star: Lesson 2: Variation C	
Twinkle, Twinkle, Little Star: Lesson 3: Variation D	
Twinkle, Twinkle, Little Star: Lesson 4: Variation E	
Twinkle, Twinkle, Little Star: Lesson 5: Variation B	
Twinkle, Twinkle, Little Star: Lesson 6: Learning the Left Hand	
Twinkle, Twinkle, Little Star: Lesson 7: Putting it All Together	
Twinkle, Twinkle, Little Star: lesson 8: Twinkle Theme	
Twinkle, Twinkle, Little Star: performance	
French Folk Song	

Lightly Row: tutorial	Light Blue
Song of the Wind: tutorial	Orange
Go Tell Aunt Rhody: tutorial	Orange
May Song: tutorial	Orange
O Come, Little Children: tutorial	Purple
Are You Sleeping in A major	Purple
Long, Long Ago: tutorial	Purple
Nkosi Sikelel iAfrika	Purple
Vrede	Purple
Allegro: tutorial	Yellow
Perpetual Motion: tutorial	Yellow

Etudes, Scales, and Exercises

Exercises and Concepts to Review

Bow Hold Exercises	Purple
Whole Bow Strokes	Purple
Left Hand Mobility and Relaxation	Purple
D Major Scale (practicing the scale)	Purple
Skips Exercise: Explanation	Yellow
Skips Exercise Demo	Yellow
Broken Third Pattern	Purple
Guided Practice #7: Skips, part 2	Yellow
Intonation: part II	Purple

Etudes and Scales

Open String Duets with Beth: Demo	Light Blue
Open String Duets with Beth: Set 1	Light Blue
D Major Scale (note demonstration)	Light Blue
D Major Scale (practicing the scale)	Light Blue
Open String Duets with Beth Set 2: Explanation	Purple
Open String Duets Set 2 with Beth: Demo	Purple

Open String Duets with Beth set 3

