

Date:

Name:

Piece where how fast **What to do**

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Total Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun

Excellent 270 or more (45 minutes a day 6 days a week)
 Very Good 180-260 (30 minutes a day 6 days a week)
 Acceptable 125-180 (25 minutes a day 5 days a week)
 Evaluate <125 Evaluate weekly schedule and commitments, or improve consistency