

VIOLIN LAB COMPREHENSIVE VIDEO LIST

BEGINNING METHOD LEVEL 1

Instrument Set Up
Putting Guide Tapes on the Violin
Tuning the Violin with Electronic Tuner
Tuning the Violin with Fine Tuners
Shoulder Pad Styles
Putting on the Shoulder pad
Adjusting the Bon Musica
Tuning the Violin in Fifths
How to Hold the Bow
Bow Hold Exercises
Tightening the Bow
Rosining the Bow
Violin Hold
Comfortability Issues
Note Names of Open Strings
Bow Geometry
Preparing the Bow Arm
First Bow Strokes
Guided Practice Introduction
Guided Practice #1: Playing in the Middle of the Bow
Playing at the Tip of the Bow
Bowing at the Frog
Guided Practice #2: Playing at the Frog and Tip
Crossing Strings
Guided Practice #3: String Crossings
Whole Bow Strokes
Guided Practice #4: Whole Bow Strokes
Thumb and Left Hand Placement
Finger Action of the Left Hand
Finger Action and Finger Pressure
Adding Fingers to Bow Stroke
Tone Production 1: Finding the Ring Tones
D Major Scale (note demonstration)
D Major Scale (practicing the scale)
Advanced Bow Hold
Superstudies book 1: #1
Superstudies book 1: #2
Superstudies book 1: #4
Superstudies book 1: #5
Superstudies book 1: #8
Superstudies book 1: #10
Superstudies book 1: #14
Superstudies book 1: #15
Superstudies book 1: #17, 18

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BEGINNING METHOD LEVEL 1: BEGINNING REPORTOIRE

French Folk Song
Superstudies book 1: #1
Superstudies book 1: #2
Superstudies book 1: #4
Superstudies book 1: #5
Superstudies book 1: #8
Superstudies book 1: #10
Superstudies book 1: #14
Superstudies book 1: #15
Superstudies book 1: #17, 18

BEGINNING METHOD LEVEL 1: INTERMEDIATE TECHNIQUE

Advanced Bow Hold

BEGINNING METHOD LEVEL 1: RIGHT HAND TECHNIQUE

Bow Geometry
Advanced Bow Hold

BEGINNING METHOD LEVEL 1: EXERCISES & TECHNIQUE STUDIES

Guided Practice #2: Playing at the Frog and Tip
Guided Practice #3: String Crossings

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BEGINNING METHOD LEVEL 2

2-3 Finger Spacing Pattern
Intonation: part I
Left Hand Mobility and Relaxation
Playing Comfortably on the G String
Note Names for Finger Spacing Pattern 1
Guided Practice #5: Finger Spacing Pattern 1
Twinkle, Twinkle, Little Star: Lesson 1: Variation A
Twinkle, Twinkle, Little Star: Lesson 2: Variation C
Twinkle, Twinkle, Little Star: Lesson 3: Variation D
Bow Retakes
A major scale
Skips with Finger Spacing Pattern 1
Broken Third Pattern
Using 4th finger
Guided Practice #6: Skips, part 1
Guided Practice #7: Skips, part 2
Intonation: part II
"Are You Sleeping in A major"
Slurs
Guided Practice: Slurs
Finger Spacing Pattern 2
Note Names for Finger Spacing Pattern II
Guided Practice #8: Spacing Pattern II, part 1
Guided Practice #9: Spacing Pattern II, part 2
G Major 2-octave scale
Intonation: part III

BEGINNING METHOD LEVEL 2: BEGINNING REPERTOIRE

Twinkle, Twinkle, Little Star: Lesson 1: Variation A
Twinkle, Twinkle, Little Star: Lesson 2: Variation C
Twinkle, Twinkle, Little Star: Lesson 3: Variation D
"Are You Sleeping in A major"
Guided Practice #9: Spacing Pattern II, part 2
"Deeply Grow the Roots": Beginning Tutorial
Red, Red Rose Close Up Fingerings
Red, Red Rose Tutorial

BEGINNING METHOD LEVEL 2: INTERMEDIATE TECHNIQUE

Left Hand Mobility and Relaxation
Playing Comfortably on the G String
Red, Red Rose performance with 3rd position shifts
Red, Red Rose Close Up Fingerings
Red, Red Rose Tutorial

BEGINNING METHOD LEVEL 2: LEFT HAND TECHNIQUE

Left Hand Mobility and Relaxation
Playing Comfortably on the G String

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BEGINNING METHOD LEVEL 2: EXERCISES & TECHNIQUE STUDIES

Guided Practice #5: Finger Spacing Pattern 1

Guided Practice #8: Spacing Pattern II, part 1

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BEGINNING METHOD LEVEL 3

Intonation IV
Simple Gifts in G major
Finger Spacing Pattern 3
Note Names for Finger Spacing Pattern 3
A Major 2-Octave Scale
Guided Practice #10: Finger Spacing Pattern 3
Bow Weight
Bow Speed and Rhythmic Patterns
Bow Speed and Tone
Tuning with the Pegs
Third Finger Spacing Pattern 3 (Low Position)
B flat 2-Octave scale
Guided Practice #12: Finger Drills #1
Guided Practice #13: Finger Drills #2
Guided Practice #14: Finger Drills #3

BEGINNING METHOD LEVEL 3: BEGINNING REPERTOIRE

Are You Sleeping in G Major
Simple Gifts in G major
Guided Practice #12: Finger Drills #1
Guided Practice #13: Finger Drills #2
Guided Practice #14: Finger Drills #3
"Si Bheag Si Mhor": tutorial
Sad Romance beginning tutorial, part 1
Sad Romance beginning tutorial, part 2
Red, Red Rose Tutorial

BEGINNING METHOD LEVEL 3: INTERMEDIATE REPERTOIRE

Suzuki Book 3: Humoresque, part 1

BEGINNING METHOD LEVEL 3: INTERMEDIATE TECHNIQUE

Sad Romance beginning tutorial
Sad Romance beginning tutorial, part 2
Red, Red Rose Tutorial

BEGINNING METHOD LEVEL 3: RIGHT HAND TECHNIQUE

Bow Speed and Tone

BEGINNING METHOD LEVEL 3: PRACTICE STRATEGIES

Guided Practice #12: Finger Drills #1

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BEGINNING METHOD LEVEL 3: EXERCISES & TECHNIQUE STUDIES

Guided Practice #10: Finger Spacing Pattern 3

Guided Practice #12: Finger Drills #1

Guided Practice #13: Finger Drills #2

Guided Practice #14: Finger Drills #3

BEGINNING METHOD LEVEL 3: PERFORMANCE SKILLS

Guided Practice #14: Finger Drills #3

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SUZUKI BOOK 1: BEGINNING METHOD

Twinkle, Twinkle, Little Star: Lesson 1: Variation A
Twinkle, Twinkle, Little Star: Lesson 2: Variation C
Twinkle, Twinkle, Little Star: Lesson 3: Variation D
Twinkle, Twinkle, Little Star: Lesson 4: Variation E
Twinkle, Twinkle, Little Star: Lesson 5: Variation B
Twinkle, Twinkle, Little Star: Lesson 6: Learning the Left Hand
Twinkle, Twinkle, Little Star: Lesson 7: Putting it All Together
Twinkle, Twinkle, Little Star: performance
Lightly Row: tutorial
Song of the Wind: tutorial
Go Tell Aunt Rhody: tutorial
May Song: tutorial
O Come, Little Children: tutorial
Long, Long Ago: tutorial
Perpetual Motion: tutorial
Allegretto: performance
Allegretto: tutorial
Etude: tutorial
Andantino: performance
Andantino: tutorial
Minuet #1: performance
Minuet #1: tutorial
Minuet #2: performance
Minuet #2: tutorial
Minuet #3: performance
Minuet #3: tutorial
Happy Farmer: performance
Happy Farmer: tutorial
Gossec Gavotte: performance
Gossec Gavotte: tutorial, part 1
Gossec Gavotte: tutorial, part 2

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SUZUKI BOOK 1: BEGINNING REPERTOIRE

Twinkle, Twinkle, Little Star: Lesson 1: Variation A
Twinkle, Twinkle, Little Star: Lesson 2: Variation C
Twinkle, Twinkle, Little Star: Lesson 3: Variation D
Twinkle, Twinkle, Little Star: Lesson 4: Variation E
Twinkle, Twinkle, Little Star: Lesson 5: Variation B
Twinkle, Twinkle, Little Star: Lesson 6: Learning the Left Hand
Twinkle, Twinkle, Little Star: Lesson 7: Putting it All Together
Twinkle, Twinkle, Little Star: Lesson 8: Twinkle Theme
Twinkle, Twinkle, Little Star: performance
Lightly Row: tutorial
Song of the Wind: tutorial
Go Tell Aunt Rhody: tutorial
May Song: tutorial
O Come, Little Children: tutorial
Long, Long Ago: tutorial
Allegro: tutorial
Perpetual Motion: tutorial
Allegretto: performance
Allegretto: tutorial
Etude: tutorial
Andantino: performance
Andantino: tutorial
Minuet #1: performance
Minuet #1: tutorial
Minuet #2: performance
Minuet #2: tutorial
Minuet #3: performance
Minuet #3: tutorial
Happy Farmer: performance
Happy Farmer: tutorial
Gossec Gavotte: performance
Gossec Gavotte: tutorial, part 1
Gossec Gavotte: tutorial, part 2

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SUZUKI BOOK 2: BEGINNING METHOD

Chorus from Judas Maccabaeus: tutorial
Long, Long Ago: tutorial
Hunter's Chorus: tutorial
Waltz: tutorial
Musette: tutorial

SUZUKI BOOK 2: BEGINNING REPERTOIRE

Chorus from Judas Maccabaeus: tutorial
Long, Long Ago: tutorial
Hunter's Chorus: tutorial
Waltz: tutorial
Musette: tutorial
Bouree by Bach: tutorial
Two Grenadiers: tutorial, part 1
Two Grenadiers: tutorial, part 2
Two Grenadiers: performance
Minuet in G: part 1
Minuet in G, part 2
Witches' Dance: performance
Witches' Dance: tutorial, part 1
Witches' Dance: tutorial, part 2
Witches' Dance: tutorial, part 3
Gavotte from Mignon: performance
Gavotte from Mignon: tutorial, part 1
Gavotte from Mignon: tutorial, part 2
Gavotte from Mignon: tutorial, part 3
Lully Gavotte: performance
Lully Gavotte: part 1
Lully Gavotte: part 2
Boccherini Minuet

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SUZUKI BOOK 3: INTERMEDIATE REPERTOIRE

Gavotte in G minor (Bach)
Minuet (Bach)
Martini Gavotte, part 1
Martini Gavotte, part 2
Humoresque, part 1
Humoresque, part 2
Humoresque, part 3
Gavotte in D Major, part 1
Gavotte in D Major, part 2
Bourée, part 1
Bourée, part 2

SUZUKI BOOK 3: INTERMEDIATE TECHNIQUE

Martini Gavotte, part 1

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VIBRATO: INTERMEDIATE TECHNIQUE

Vibrato: Slow Motion Do
Vibrato: Part 1: Basic Motion
Vibrato: Part 2: Impulse Mechanism
Vibrato: Part 3: Learning Wrist Vibrato
Vibrato: Part 4: Learning Arm Vibrato
Vibrato: part 5: Adding the Bow
Vibrato: part 7: Adding Pitch
Vibrato: part 8: Integrating
Vibrato: part 9: Continuous Vibrato
Vibrato: part 10: Vibrato in High Positions
Vibrato: part 11: The Gorgeous Vibrato
Vibrato: part 12: Gorgeous Vibrato, part 2
Vibrato: Help and clarification
Vibrato: What happens when the hand and arm work against each other?
Vibrato: The Problematic G string Vibrato
Vibrato: Trouble Shooting the Shaky Violin and the Climbing Left Hand
Vibrato: Wrist angles
Vibrato: (video response) Adding Finger Pressure
Vibrato Practice part 1
Double Stops: part 6: Vibrato with Double Stops and Playing Octaves
Left Hand: Contact, Balance, Vibrato part 2
Left Hand: Contact, Balance, Vibrato part 3

VIBRATO: LEFT HAND TECHNIQUE

Vibrato: Slow Motion Do
Vibrato: Part 1: Basic Motion
Vibrato: Part 2: Impulse Mechanism
Vibrato: Part 3: Learning Wrist Vibrato
Vibrato: Part 4: Learning Arm Vibrato
Vibrato: part 5: Adding the Bow
Vibrato: part 6: Next Level Exercises
Vibrato: part 7: Adding Pitch
Vibrato: part 8: Integrating
Vibrato: part 9: Continuous Vibrato
Vibrato: part 10: Vibrato in High Positions
Vibrato: part 11: The Gorgeous Vibrato
Vibrato: part 12: Gorgeous Vibrato, part 2
Vibrato: Help and clarification
Vibrato: What happens when the hand and arm work against each other?
Vibrato: the Problematic G string Vibrato
Vibrato: Trouble Shooting the Shaky Violin and the Climbing Left Hand
Vibrato: Wrist angles
Vibrato: (video response) Adding Finger Pressure
Vibrato Practice part 1
Vibrato Practice part 2
Vibrato Practice part 3
Dr. Kirsten Yon: part 7: Learning Vibrato
Dr. Paula Bird, part 8: Learning Vibrato
Dr. Paula Bird, part 9: Vibrato Rounds
Dr. Paula Bird, part 10: Wrist vs Arm Vibrato

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Dr. Colleen McCullough: part 6: Varying Vibrato Speed
Dr. Colleen McCullough: part 7: Learning Vibrato
(Workshop 2012) Vibrato Class by Bill Dick: part 1
(Workshop 2012) Vibrato Class by Bill Dick: part 2
Dan Kobialka: part 9: Vibrato Motion Exercise
Dr. Stephen Redfield: Expressive Qualities of Vibrato
Dr. Stephen Redfield: Vibrato Interview: Good vs Bad
Dr. Stephen Redfield: Vibrato Interview: part 2 Styles of Vibrato
Dr. Stephen Redfield: Learning Vibrato: Step 1 "Identifying the Motion"
Dr. Stephen Redfield: Learning Vibrato: Step 2 "Points of Contact"
Dr. Stephen Redfield: Learning Vibrato: Step 3 "The Paper Trick"
Dr. Stephen Redfield: Learning Vibrato: Step 4 "Integrating"
Dr. Stephen Redfield: Learning Vibrato: Step 5 "Control"
Left Hand: Contact, Balance, Vibrato part 1
Left Hand: Contact, Balance, Vibrato part 2
Left Hand: Contact, Balance, Vibrato part 3
Arm Vibrato: Tight Knuckles

VIBRATO: LEFT/RIGHT HAND TECHNIQUE

Double Stops: part 6: Vibrato with Double Stops and Playing Octaves

VIBRATO: INTERVIEWS WITH EXPERTS

Dr. Kirsten Yon: part 7: Learning Vibrato
Dr. Paula Bird, part 8: Learning Vibrato
Dr. Paula Bird, part 9: Vibrato Rounds
Dr. Paula Bird, part 10: Wrist vs Arm Vibrato
Dr. Colleen McCullough: part 6: Varying Vibrato Speed
Dr. Colleen McCullough: part 7: Learning Vibrato
Dan Kobialka: part 9: Vibrato Motion Exercise
Dr. Stephen Redfield: Expressive Qualities of Vibrato
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Dr. Stephen Redfield: Learning Vibrato: Step 1 "Identifying the Motion"
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Dr. Stephen Redfield: Learning Vibrato: Step 3 "the Paper Trick"
Dr. Stephen Redfield: Learning Vibrato: Step 4 "Integrating"
Dr. Stephen Redfield: Learning Vibrato: Step 5 "Control"

VIOLIN LAB COMPREHENSIVE VIDEO LIST

BOW HOLD & BOWING ISSUES: BEGINNING METHOD

How to Hold the Bow
Bow Hold Exercises
Bow Geometry
Preparing the Bow Arm
Stiffness in the Wrist and Fingers of the Bow Arm
Advanced Bow Hold
The Bow Hold in Motion
Building Flexibility into the Bow Hand
Daily Bow Hand Exercises for Developing Flexibility
Bow Arm Tension: Getting Rid of the Bounce
Maintaining a "Straight Bow" part 1
Maintaining a "Straight Bow" part 2
Maintaining a "Straight Bow" part 3
Maintaining a "Straight Bow" part 5
Maintaining a "Straight Bow" part 6
Bow Weight
Bow Speed and Rhythmic Patterns
Bow Speed and Tone
Smooth String Crossings
Bow Tilt
String Crossings Series: part 1: Maintaining Tone
Whole Bows: (Legato at the Tip)

BOW HOLD & BOWING ISSUES: INTERMEDIATE TECHNIQUE

Stiffness in the Wrist and Fingers of the Bow Arm
Finger Motion: Fingers Move the Bow
Advanced Bow Hold
The Bow Hold in Motion
Building Flexibility into the Bow Hand
Daily Bow Hand Exercises for Developing Flexibility
Bow Arm Considerations: wrist and elbow levels
Maintaining a "Straight Bow" part 2
Maintaining a "Straight Bow" part 3
Maintaining a "Straight Bow" part 4
Maintaining a "Straight Bow" part 5
Maintaining a "Straight Bow" part 6
Maintaining a "Straight Bow" part 7: Fast Bows
Maintaining a "Straight Bow" part 8: The Bi-Fold Door and the Bow Arm
Smooth String Crossings
Bow Tilt
String Crossings Series: part 1: Maintaining Tone
Whole Bows: (Legato at the Tip)
The Sustained Bow Stroke
Meditation from Thais: phrase 4, tutorial
Scale Study #16 Hug Your Bridge
The Galamian Bow Arm
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

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BOW HOLD & BOWING ISSUES: ADVANCED TECHNIQUE

The Galamian Bow Arm
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

BOW HOLD & BOWING ISSUES: RIGHT HAND TECHNIQUE

Bow Geometry
Stiffness in the Wrist and Fingers of the Bow Arm
Finger Motion: Fingers Move the Bow
Advanced Bow Hold
The Bow Hold in Motion
Building Flexibility into the Bow Hand
Daily Bow Hand Exercises for Developing Flexibility
Bow Arm Considerations: wrist and elbow levels
Bow Arm Tension: Getting Rid of the Bounce
Maintaining a “Straight Bow” part 1
Maintaining a “Straight Bow” part 2
Maintaining a “Straight Bow” part 3
Maintaining a “Straight Bow” part 4
Maintaining a “Straight Bow” part 5
Maintaining a “Straight Bow” part 6
Maintaining a “Straight Bow” part 7: Fast Bows
Maintaining a “Straight Bow” part 8: The Bi-Fold Door and the Bow Arm
Bow Speed and Tone
Accidently Hitting Other Strings
Smooth String Crossings
Bow Tilt
Elements of Tone Production: Sounding Point, part 1
Elements of Tone Production: Sounding Point, part 2
Elements of Tone Production: Sounding Point, part 3
String Crossings Series: part 1: Maintaining Tone
Whole Bows: (Legato at the Tip)
The Sustained Bow Stroke
Dr. Stephen Redfield, part 3: Varying Bow Speed
Dr. Stephen Redfield, part 6: Finger Motion
Dr. Stephen Redfield, part 8: Bow Pressure
Dr. Stephen Redfield, part 9: Bow Angle
Dr. Kirsten Yon, part 5: Expunging Tension in the Bow Arm
Dr. Kirsten Yon, part 6: Learning Finger Motion for Legato Bow Strokes
Dr. Laurie Scott, part 5: Smooth String Crossings
Dr. Paula Bird, part 2: Awareness of Tone II
Dr. Paula Bird, part 3: Awareness of Tone III
Dr. Paula Bird, part 4: Maintaining Relaxed Bow Hold
Dr. Paula Bird, part 5: Maintaining a Relaxed Bow Arm
Elise Winters, part 1: Bow Weight and Tone Production
Elise Winters, part 2: Maximizing Tone and the Bow Hold
Elise Winters, part 3: Maintaining Relaxed Bow Hold
Jessica Matheas: Franco-Belgian Bow Arm

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The Collé Bow Stroke: Part 2, Collé vs Finger Motion at the Frog
The Fluid Shoulder (aka Getting Rid of the Bounces)
The Galamian Bow Arm
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

BOW HOLD & BOWING ISSUES: LEFT HAND TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

BOW HOLD & BOWING ISSUES: LEFT/RIGHT HAND TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

BOW HOLD & BOWING ISSUES: INTERVIEWS WITH EXPERTS

Dr. Stephen Redfield, part 3: Varying Bow Speed
Dr. Stephen Redfield, part 5: Varying Sounding Point
Dr. Stephen Redfield, part 6: Finger Motion
Dr. Stephen Redfield, part 8: Bow Pressure
Dr. Stephen Redfield, part 9: Bow Angle
Dr. Kirsten Yon, part 4: Feeling of Release in Practice
Dr. Kirsten Yon, part 5: Expunging Tension in the Bow Arm
Dr. Kirsten Yon, part 6: Learning Finger Motion for Legato Bow Strokes
Dr. Laurie Scott, part 5: Smooth String Crossings
Dr. Paula Bird, part 2: Awareness of Tone II
Dr. Paula Bird, part 3: Awareness of Tone III
Dr. Paula Bird, part 4: Maintaining Relaxed Bow Hold
Dr. Paula Bird, part 5: Maintaining a Relaxed Bow Arm
Elise Winters, part 1: Bow Weight and Tone Production
Elise Winters, part 2: Maximizing Tone and the Bow Hold
Elise Winters, part 3: Maintaining Relaxed Bow Hold
Jessica Matheas: Franco-Belgian Bow Arm
Dan Kobialka, part 1: Movement and Playing
Dan Kobialka, part 2: Finger Motion Exercise

BOW HOLD & BOWING ISSUES: PRACTICE STRATEGIES

Dr. Stephen Redfield, part 5: Varying Sounding Point
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

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BOW HOLD & BOWING ISSUES: EXERCISES & TECHNIQUE STUDIES

Building Flexibility into the Bow Hand
Daily Bow Hand Exercises for Developing Flexibility
Scale Study #16: Hug Your Bridge

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BOWING: ARTICULATION & STYLES *BEGINNING METHOD*

Finger Motion at the Frog
Slurs
Guided Practice: Slurs
Bow Articulation: part 1: Overview
Whole Bows: (Legato at the Tip)

BOWING: ARTICULATION & STYLES *INTERMEDIATE TECHNIQUE*

Finger Motion at the Frog
Developing Good Rhythm and Sight-Reading
Bow Articulation: part 1: Overview
Bow Articulation: part 2: Mechanics
Bow Articulation: part 3: Practice Exercises
Whole Bows: (Legato at the Tip)
The Sustained Bow Stroke
The Staccato Bow Stroke (on the string)
The Staccato Bow Stroke (off the string)
Staccato vs Spiccato
Learning Spiccato: part 1
Learning Spiccato, part 2
Bow Strokes: Detache, Legato, Marcato, Martele, Staccato
Meditation from Thais: phrase 1, tutorial part 1
Scale Study #7: Training Up Bow Staccato
Scale Study #11: Down Bow Circles
Scale Study #14 Scallop stroke
Scale Study #17: Slow to Fast Hooked Bows
Three Against Two
Sautillé and Seitz Violin Concertos
The Galamian Bow Arm

BOWING: ARTICULATION & STYLES *ADVANCED TECHNIQUE*

The Galamian Bow Arm

BOWING: ARTICULATION & STYLES *RIGHT HAND TECHNIQUE*

Finger Motion at the Frog
Bow Articulation: part 1: Overview
Bow Articulation: part 2: Mechanics
Bow Articulation: part 3: Practice Exercises
Whole Bows: (Legato at the Tip)
The Sustained Bow Stroke
The Staccato Bow Stroke (on the string)
The Staccato Bow Stroke (off the string)
Staccato vs Spiccato
Learning Spiccato: part 1
Learning Spiccato: part 2
Staccato Practice
Classical Bowing Articulation: 2-slur, 2-separate
Bow Strokes: Detache, Legato, Marcato, Martele, Staccato
Dr. Stephen Redfield, part 7: Cole Bow Stroke

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Elise Winters, part 4: Spiccato
Jessica Matheas: Franco-Belgian Bow Arm
Scale Study #7: Training Up Bow Staccato
Scale Study #11: Down Bow Circles
Martele (Marcato) Bow Stroke
Sautillé Bow Stroke
Sautillé Bow Stroke, Part 2
The Collé Bow Stroke: Part 1
The Collé Bow Stroke: Part 2, Collé vs Finger Motion at the Frog
Dan Kobialka, part 3: Spiccato
Up Bow Staccato: via Kreutzer Etude #4
Spiccato Styles: broad and brushy vs light and delicate
The Galamian Bow Arm

BOWING: ARTICULATION & STYLES LEFT/RIGHT HAND TECHNIQUE

Scale Study #14: Scallop stroke

BOWING: ARTICULATION & STYLES INTERVIEWS WITH EXPERTS

Dr. Stephen Redfield, part 7: Cole Bow Stroke
Elise Winters, part 4: Spiccato
Jessica Matheas: Franco-Belgian Bow Arm
Dr. Colleen McCullough, part 1: Classical Style and Mozart
Dan Kobialka, part 3: Spiccato

BOWING: ARTICULATION & STYLES EXERCISES & TECHNIQUE STUDIES

Scale Study #7: Training Up Bow Staccato
Scale Study #11: Down Bow Circles
Scale Study #17: Slow to Fast Hooked Bows

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DOUBLE STOPS: INTERMEDIATE TECHNIQUE

String Crossing Exercises #1
String Crossing Exercises #2
String Crossing Exercises #3
String Crossing Exercises #4
Double Stops: part 1: Establishing Tone
Double Stops: part 2: Left Hand
Double Stops: part 3: Intonation
Double Stops: part 4: Perfect Intervals
Double Stops: part 5: Difficult Intervals and Hand Position
Double Stops: part 6: Vibrato with Double Stops and Playing Octaves
Double Stops: part 7: Playing Double Stops in High Positions and Fiddling Double Stops
Double Stops: part 8: Introducing Ms. Trott

DOUBLE STOPS: RIGHT HAND TECHNIQUE

String Crossing Exercises #1
String Crossing Exercises #2
String Crossing Exercises #3

DOUBLE STOPS: LEFT/RIGHT HAND TECHNIQUE

Double Stops: part 1: Establishing Tone
Double Stops: part 2: Left Hand
Double Stops: part 3: Intonation
Double Stops: part 4: Perfect Intervals
Double Stops: part 5: Difficult Intervals and Hand Position
Double Stops: part 6: Vibrato with Double Stops and Playing Octaves
Double Stops: part 7: Playing Double Stops in High Positions and Fiddling Double Stops
Double Stops: part 8: Introducing Ms. Trott

DOUBLE STOPS: EXERCISES & TECHNIQUE STUDIES

String Crossing Exercises #1
String Crossing Exercises #2
String Crossing Exercises #3
String Crossing Exercises #4

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LEFT HAND ISSUES: BEGINNING METHOD

Left Hand Mobility and Relaxation
Playing Comfortably on the G String
Left Hand Squeezing: part 1: Why We Do It
Left Hand Squeezing: part 2: Security Matters
Left Hand Squeezing: part 4: Strengthening the Hand
Left Hand Squeezing: part 5: How Much Space, Really?
Left Hand Squeezing: part 6: First Finger and the E string: No Scrunching!
Fingertips hitting other strings
Tension when using the Low 2nd Finger
Consistent Finger Placement and Intonation
Independence Between Left and Right Hands
Finger Action: Slow Release
Finger Action: Slow Drop

LEFT HAND ISSUES: INTERMEDIATE TECHNIQUE

Left Hand Mobility and Relaxation
Playing Comfortably on the G String
Left Hand Squeezing: part 1: Why We Do It
Left Hand Squeezing: part 2: Security Matters
Left Hand Squeezing: part 4: Strengthening the Hand
Left Hand Squeezing: part 5: How Much Space, Really?
Left Hand Squeezing: part 6: First Finger and the E string: No Scrunching!
Left Hand Squeezing: part 7: Extras
Left Thumb: Issues with Placement and Pressure
Independence Between Left and Right Hands
Left Hand Conditioning: Strengthening and Stretching, part 1
Left Hand Conditioning: Strengthening and Stretching, part 2
Violin Vibrato: Slow Motion Do
Fourth Position and Flat Keys
Left Hand: Contact, Balance, Vibrato part 2
Left Hand: Contact, Balance, Vibrato part 3
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

LEFT HAND ISSUES: ADVANCED TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

LEFT HAND ISSUES: RIGHT HAND TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

VIOLIN LAB COMPREHENSIVE VIDEO LIST

LEFT HAND ISSUES: LEFT HAND TECHNIQUE

Left Hand Mobility and Relaxation
Playing Comfortably on the G String
Left Hand Squeezing: part 1: Why We Do It
Left Hand Squeezing: part 2: Security Matters
Left Hand Squeezing: part 3: Restructuring
Left Hand Squeezing: part 4: Strengthening the Hand
Left Hand Squeezing: part 5: How Much Space, Really?
Left Hand Squeezing: part 6: First Finger and the E string: No Scrunching!
Left Hand Squeezing: part 7: Extras
Left Thumb: Issues with Placement and Pressure
Fingertips hitting other strings
Tension when using the Low 2nd Finger
Consistent Finger Placement and Intonation
Finger Action: Slow Release
Finger Action: Slow Drop
Left Hand Conditioning: Strengthening and Stretching, part 2
Violin Vibrato: Slow Motion Do
Dr. Kirsten Yon: Part 1: The Relaxed Left Hand
Dr. Kirsten Yon: Part 2: The Relaxed Left Hand
Dr. Kirsten Yon: Part 3: Drop and Release Finger Action
Dr. Kirsten Yon: Part 9: Physiology of Intonation
Dr. Laurie Scott: part 3: Left Hand Thumb Placement
Dr. Laurie Scott: part 4: Walking Fingers
Dr. Laurie Scott: part 6: Finger Independence
Dr. Laurie Scott: part 7: Changing Finger Spacing Pattern
Dr. Laurie Scott: part 9: Training Vibrato
Fourth Position and Flat Keys
Positions: part 7: Left Hand Considerations
Trills
Left Thumb: Issues with Placement and Pressure
Dan Kobialka: part 4: Finger Release
Dan Kobialka: part 6: Thumb Angle
Left Hand: Contact, Balance, Vibrato part 1
Left Hand: Contact, Balance, Vibrato part 2
Left Hand: Contact, Balance, Vibrato part 3
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

LEFT HAND ISSUES: LEFT/RIGHT HAND TECHNIQUE

Independence Between Left and Right Hands
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

VIOLIN LAB COMPREHENSIVE VIDEO LIST

LEFT HAND ISSUES: INTERVIEWS WITH EXPERTS

Dr. Kirsten Yon: Part 1: The Relaxed Left Hand
Dr. Kirsten Yon: Part 2: The Relaxed Left Hand
Dr. Kirsten Yon: Part 3: Drop and Release Finger Action
Dr. Kirsten Yon: Part 9: Physiology of Intonation
Dr. Laurie Scott: part 3: Left Hand Thumb Placement
Dr. Laurie Scott: part 4: Walking Fingers
Dr. Laurie Scott: part 6: Finger Independence
Dr. Laurie Scott: part 7: Changing Finger Spacing Pattern
Dr. Laurie Scott: part 9: Training Vibrato
Dan Kobialka: part 4: Finger Release
Dan Kobialka: part 5: Teaching Technique for Setting Up the Left Hand
Dan Kobialka: part 6: Thumb Angle

LEFT HAND ISSUES: PRACTICE STRATEGIES

Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

LEFT HAND ISSUES: EXERCISES & TECHNIQUE STUDIES

Left Hand Conditioning: Strengthening and Stretching, part 1
Left Hand Conditioning: Strengthening and Stretching, part 2

VIOLIN LAB COMPREHENSIVE VIDEO LIST

INTONATION: BEGINNING METHOD

Putting Guide Tapes on the Violin
Tuning the Violin with Fine Tuners
Thumb and Left Hand Placement
Tone Production 1: Finding the Ring Tones
Intonation: part I
Intonation: part II
Block Fingerings
Intonation III
Intonation IV
Consistent Finger Placement and Intonation

INTONATION: INTERMEDIATE TECHNIQUE

Fourth Position and Flat Keys
Scale Study #5: Tuning Octaves

INTONATION: LEFT HAND TECHNIQUE

Block Fingerings
Consistent Finger Placement and Intonation
Fourth Position and Flat Keys
Dr. Colleen McCullough: part 5: Attending to Set Up for Good Intonation and Shifting
Dr. Colleen McCullough: part 8: Mystical Intonation
Finger Spacing Patterns: Preparation for Scale Rounds
Dan Kobialka: part 8: Foundation Fingers

INTONATION: INTERVIEWS WITH EXPERTS

Dr. Kirsten Yon: Part 8: Tuning Conscience
Dr. Paula Bird: part 6: Developing Intonation I
Dr. Paula Bird: part 7: Intonation II
Elise Winters: part 6: Finding Ring Tones
Elise Winters: part 7: Contextual Tones
Dr. Colleen McCullough: part 5: Attending to Set Up for Good Intonation and Shifting
Dr. Colleen McCullough: part 8: Mystical Intonation
Dan Kobialka: part 7: Spatial Awareness and Intonation
Dan Kobialka: part 8: Foundation Fingers

INTONATION: PRACTICE STRATEGIES

Practicing with a Drone for Improving Intonation
Intonia: Intonation Improving Software

INTONATION: EXERCISES & TECHNIQUE STUDIES

Scale Study #5: Tuning Octaves
Practicing with a Drone for Improving Intonation
Finger Spacing Patterns: Preparation for Scale Rounds

VIOLIN LAB COMPREHENSIVE VIDEO LIST

PRACTICING: BEGINNING REPERTOIRE

Guided Practice #12: Finger Drills #1
Guided Practice #13: Finger Drills #2
Guided Practice #14: Finger Drills #3

PRACTICING: BEGINNING METHOD

Guided Practice #12: Finger Drills #1
Guided Practice #13: Finger Drills #2
Guided Practice #14: Finger Drills #3
Developing Good Rhythm and Sight-Reading
Practicing with a Metronome

PRACTICING: INTERMEDIATE TECHNIQUE

Developing Good Rhythm and Sight-Reading
Practicing with a Metronome
Left Hand Conditioning: Strengthening and Stretching, part 1
Left Hand Conditioning: Strengthening and Stretching, part 2
Scale Studies: Introduction and Explanation
Three Against Two
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

PRACTICING: ADVANCED TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

PRACTICING: RIGHT HAND TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

PRACTICING: LEFT HAND TECHNIQUE

Left Hand Conditioning: Strengthening and Stretching, part 2
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

VIOLIN LAB COMPREHENSIVE VIDEO LIST

PRACTICING: LEFT/RIGHT HAND TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

PRACTICING: INTERVIEWS WITH EXPERTS

Dr. Stephen Redfield: part 4: Importance of Etudes
Dr. Stephen Redfield: part 5: Varying Sounding Point
Dr. Kirsten Yon: part 4: Feeling of Release in Practice
Dr. Laurie Scott: part 10: Practice Time
Dr. Paula Bird: part 11: Practice Tip - Make a Plan
Dr. Paula Bird: part 12: Practice Tip - Rubber Band Analogy
Elise Winters: part 5: Triplet Boomerang
Jessica Matheas: Warming Up with Kreutzer
Daniela Shtereva Interview, part 1
Dr. Colleen McCullough: part 4: Technical Maintenance
Dr. Colleen McCullough: part 9: Invaluable Lesson of Recording Yourself

PRACTICING: PRACTICE STRATEGIES

Guided Practice #12: Finger Drills #1
Practicing with a Metronome
Dr. Stephen Redfield, part 4: Importance of Etudes
Dr. Stephen Redfield: part 5: Varying Sounding Point
Dr. Laurie Scott: part 10: Practice Time
Dr. Paula Bird: part 11: Practice Tip - Make a Plan
Dr. Paula Bird: part 12: Practice Tip - Rubber Band Analogy
Art of Practicing: part 1: Isolating
Art of Practicing: part 2: Zoom In
Art of Practicing: part 3: Extreme Conditioning
Art of Practicing: part 4: More Extreme Conditioning
Art of Practicing: part 5: Changing the Landscape
Dr. Colleen McCullough: part 4: Technical Maintenance
Dr. Colleen McCullough: part 9: Invaluable Lesson of Recording Yourself
Practice Techniques: Part 1: Tone and Intonation
Practice Techniques: Part 2: Coordination (Varied Bowing Patterns)
Practice Techniques: Part 3: Coordination (Accents)
Practice Techniques: Part 4: Speed (Rhythm Variations)
Practice Techniques: Part 5: Speed (Bursts)
Practice Techniques: Part 6: Fine Tuning
Clean Up Your Playing (Behind the Scenes) part 1
Clean Up Your Playing (Behind the Scenes) part 2
Clean Up Your Playing (Behind the Scenes) part 3
Clean Up Your Playing (Behind the Scenes) part 4

VIOLIN LAB COMPREHENSIVE VIDEO LIST

PRACTICING: EXERCISES & TECHNIQUE STUDIES

Guided Practice #12: Finger Drills #1
Guided Practice #13: Finger Drills #2
Guided Practice #14: Finger Drills #3
Left Hand Conditioning: Strengthening and Stretching, part 1
Left Hand Conditioning: Strengthening and Stretching, part 2
Elise Winters, part 5: Triplet Boomerang
Jessica Matheas: Warming Up with Kreutzer
Scale Studies: Introduction and Explanation
Dr. Colleen McCullough: part 4: Technical Maintenance

PRACTICING: PERFORMANCE SKILLS

Guided Practice #14: Finger Drills #3
Developing Good Rhythm and Sight-Reading
Practicing with a Metronome
Three Against Two
Improving Rhythmic Skills: part 1: Overview
Improving Rhythmic Skills: part 2: Exercise for Developing Internal Beat
Improving Rhythmic Skills: part 3: Visual Organization
Improving Rhythmic Skills: part 4: Score Study
Improving Rhythmic Skills: part 5: Daily Drills
Improving Rhythmic Skills: part 6: Working with “Rhythm a Week”
Rhythm App: Rhythm Sight Reading Trainer
Rhythm: Staying On the Off Beat

VIOLIN LAB COMPREHENSIVE VIDEO LIST

SCALES & ARPEGGIOS: BEGINNING METHOD

Guided Practice #3: String Crossings
Guided Practice #5: Finger Spacing Pattern 1
A Major Scale
D Major Scale (note demonstration)
D Major Scale (practicing the scale)
Guided Practice #8: Finger Spacing Pattern 2, part 1
G Major 2-octave scale
Guided Practice #10: Finger Spacing Pattern 3
B flat 2-Octave scale
Guided Practice #12: Finger Drills #1
Guided Practice #13: Finger Drills #2
Guided Practice #14: Finger Drills #3

SCALES & ARPEGGIOS: BEGINNING REPERTOIRE

Guided Practice #12: Finger Drills #1
Guided Practice #13: Finger Drills #2
Guided Practice #14: Finger Drills #3

SCALES & ARPEGGIOS: INTERMEDIATE TECHNIQUE

Scale Studies: Introduction and Explanation
Fourth Position and Flat Keys
Scale Study #1: Frog to Tip Articulation
Scale Study #2: Bow/Finger Coordination
Scale Study #3: Quick Down Bows (bow distribution)
Scale Study #4: "The Fling" (Hooked Bowing Patterns)
Scale Study #5: Tuning Octaves
Scale Study #6: "Karate Chop"
Scale Study #7: Training Up Bow Staccato
Scale Study #8: Fast Fingers
Scale Study #9: Hair Pins
Scale Study #10: The Backwards Hair Pin
Scale Study #11: Down Bow Circles
Scale Study #12: Broad Hooked Bowing Pattern
Scale Study #13: Wolfahrt bowing pattern
Scale Study #14: Scallop stroke

SCALES & ARPEGGIOS: RIGHT HAND TECHNIQUE

Scale Study #7: Training Up Bow Staccato
Scale Study #10: The Backwards Hair Pin
Scale Study #11: Down Bow Circles

VIOLIN LAB COMPREHENSIVE VIDEO LIST

SCALES & ARPEGGIOS: LEFT HAND TECHNIQUE

Shifting Training: part 7a: One Finger Scales, part 1
Shifting Training: part 7b: One Finger Scales, part 2
Shifting Training: part 7c: One Finger Scales, part 3 (arpeggios)
Fourth Position and Flat Keys
Scale Study #6: "Karate Chop"
Scale Study #8: Fast Fingers
Finger Spacing Patterns: Preparation for Scale Rounds

SCALES & ARPEGGIOS: LEFT/RIGHT HAND TECHNIQUE

Scale Study #14: Scallop stroke

SCALES & ARPEGGIOS: INTERVIEW WITH EXPERTS

Elise Winters, part 5: Triplet Boomerang
Daniela Shtereva: Interview, part 1
Daniela Shtereva: Interview, part 2

SCALES & ARPEGGIOS: PRACTICE STRATEGIES

Guided Practice #12: Finger Drills #1
Practicing with a Drone for Improving Intonation

SCALES & ARPEGGIOS: EXERCISES & TECHNIQUE STUDIES

Guided Practice #3: String Crossings
Guided Practice #5: Finger Spacing Pattern 1
Guided Practice #8 Spacing Pattern 2, part 1
Guided Practice #10: Finger Spacing Pattern 3
Guided Practice #12: Finger Drills #1
Guided Practice #13: Finger Drills 2
Guided Practice #14: Finger Drills 3
Elise Winters, part 5: Triplet Boomerang
Shifting Training: part 7a: One Finger Scales, part 1
Shifting Training: part 7b: One Finger Scales, part 2
Scale Studies: Introduction and Explanation
Scale Study #1: Frog to Tip Articulation
Scale Study #2: Bow/Finger Coordination
Scale Study #3: Quick Down Bows (bow distribution)
Scale Study #4: "The Fling" (Hooked Bowing Patterns)
Scale Study #5: Tuning Octaves
Scale Study #6: "Karate Chop"
Scale Study #7: Training Up Bow Staccato
Scale Study #8: Fast Fingers
Scale Study #9: Hair Pins
Scale Study #10: The Backwards Hair Pin
Scale Study #11: Down Bow Circles
Scale Study #12: Broad Hooked Bowing Pattern
Scale Study #13: Wolfahrt bowing pattern
Scale Study #15: Zig-Zag bow stroke

VIOLIN LAB COMPREHENSIVE VIDEO LIST

Practicing with a Drone for Improving Intonation
Scale Rounds: Explanation and Instructions, part 1
Scale Rounds: Explanation and Instructions, part 2
Finger Spacing Patterns: Preparation for Scale Rounds
G Harmonic Minor Scale Round: Note-By-Note

SCALES & ARPEGGIOS: PERFORMANCE SKILLS

Guided Practice #14: Finger Drills 3

VIOLIN LAB COMPREHENSIVE VIDEO LIST

SHIFTING: INTERMEDIATE TECHNIQUE

Sad Romance: a study in Romantic shifting
Shifting 101: Part 1 - Basics
Shifting 101: Part 2 - One finger shifting
Shifting 101: Part 3 - Coordinating Bow Direction and Shift
Shifting 101: Part 4 - One Finger Shifting Exercise
Shifting 101: Part 5 - Shifting Styles (Classical)
Shifting 101: Part 6 - Shifting Styles (Romantic)
Shifting 101: Part 7 - Shifting Styles (Hybrid and Romanticized Classical)
Shifting and Bow Changes
Shifting Training part 1: Modes of Travel and Rules of Engagement
Shifting Training part 2: Classical Shift ascending (low finger to high finger)
Shifting Training part 3: Descending (lower finger to higher finger)
Shifting Training part 4: Descending (higher finger to lower finger)
Shifting Training part 5: Ascending Scale (Higher finger to lower finger)
Shifting Training part 6: Down the Scale
Positions: part 13: Continuing Your Training
Positions: part 14: Amazing Grace in 3rd position

SHIFTING: RIGHT HAND TECHNIQUE

Shifting 101: Part 5 - Shifting Styles (Classical)
Shifting and Bow Changes

SHIFTING: LEFT HAND TECHNIQUE

Dr. Laurie Scott, part 2: Preparing to Shift
Shifting 101: Part 1 - Basics
Shifting 101: Part 2 - One finger shifting
Shifting 101: Part 3 - Coordinating Bow Direction and Shift
Shifting 101: Part 4 - One Finger Shifting Exercise
Shifting 101: Part 5 - Shifting Styles (Classical)
Shifting 101: Part 6 - Shifting Styles (Romantic)
Shifting 101: Part 7 - Shifting Styles (Hybrid and Romanticized Classical)
Shifting Training: part 1: Modes of Travel and Rules of Engagement
Shifting Training: part 2: Classical Shift ascending (low finger to high finger)
Shifting Training: part 4: Descending (higher finger to lower finger)
Shifting Training: part 5: Ascending Scale (Higher finger to lower finger)
Shifting Training: part 7a: One Finger Scales, part 1
Shifting Training: part 7b One Finger Scales, part 2
Shifting Training: part 7c One Finger Scales, part 3 (arpeggios)
Shifting Training: part 8 (Shifting Exercise to develop hand shapes for high positions)
Dr. Colleen McCullough: part 2: Practicing Shifts
Dr. Colleen McCullough: part 5: Attending to Set Up for Good Intonation and Shifting
Positions: part 1: Overview
Positions: part 2: Position Location
Positions: part 3: Why Letter Names
Positions: part 4: How We Know We're There
Positions: part 5: Finger Spacing Patterns and Exercises
Positions: part 6: Interval Spacings
Positions: part 8: Finding 3rd Position

VIOLIN LAB COMPREHENSIVE VIDEO LIST

Positions: part 9: Exercises for Establishing the 3rd Position Hand Frame

Positions: part 10: Shifting After an Open String

Positions: part 11: Tip for Improving Intonation

Positions: part 12: More Exercises

Positions: part 13: Continuing Your Training

Positions: part 14: Amazing Grace in 3rd position

(Workshop 2012) Shifting by Bill Dick: part 1

(Workshop 2012) Shifting by Bill Dick: part 2

Dan Kobialka: part 10: Descending Shifts

SHIFTING: LEFT/RIGHT HAND TECHNIQUE

Shifting Training part 3: Descending (lower finger to higher finger)

Shifting Training part 6: Down the Scale

SHIFTING: INTERVIEW WITH EXPERTS

Dr. Laurie Scott: part 2: Preparing to Shift

Dr. Colleen McCullough: part 2: Practicing Shifts

Dr. Colleen McCullough: part 5: Attending to Set Up for Good Intonation and Shifting

Dan Kobialka: part 10: Descending Shifts

SHIFTING: EXERCISES & TECHNIQUE STUDIES

Shifting Training: part 7a: One Finger Scales, part 1

Shifting Training: part 7b: One Finger Scales, part 2

VIOLIN LAB COMPREHENSIVE VIDEO LIST

ETUDES: BEGINNING REPERTOIRE

Wohlfahrt Etude #10 op.45 #7

Wohlfahrt Etude #11 op.54 #6

ETUDES: INTERMEDIATE REPERTOIRE

Wohlfahrt Etude #1 op.45 #1

Wohlfahrt Etude #2 op.45 #8

Wohlfahrt Etude #3 op.45 #3

Wohlfahrt Etude #4 op.54 #2

Wohlfahrt Etude #5 op.45 #2

Wohlfahrt Etude #25 op.54 #10 (The Pinky Buster)

Wohlfahrt Etude #6 op. 45 #4

Wohlfahrt Etude #7 op. 45 #18

Wohlfahrt Etude #11 op.54 #6

Wohlfahrt Etude #13 op.45 #16

Wohlfahrt Etude #17 op.54 #9, #8

Wohlfahrt Etude #40 op.45 #20

Wohlfahrt Etude #19 op.74 #6

Wohlfahrt Etude #21 op.54 #12

Wohlfahrt Etude #38 op.45 #12

Wohlfahrt Etude #16 op.45 #9

ETUDES: INTERMEDIATE TECHNIQUE

Wohlfahrt Etude #25 op.54 #10 (The Pinky Buster)

Wohlfahrt Etude #10 op.45 #7

VIOLIN LAB COMPREHENSIVE VIDEO LIST

STRING CROSSINGS: BEGINNING METHOD

Crossing Strings
Smooth String Crossings
String Crossings Series: part 1: Maintaining Tone
String Crossings Series: part 2: Micro Levels
String Crossings Series: part 3: Coordination with Left Hand
String Crossings Series: part 4: Efficiency I

STRING CROSSINGS: INTERMEDIATE TECHNIQUE

Smooth String Crossings
String Crossings Series: part 1: Maintaining Tone
String Crossings Series: part 2: Micro Levels
String Crossings Series: part 3: Coordination with Left Hand
String Crossings Series: part 4: Efficiency I
String Crossings Series: part 5: Efficiency II
String Crossings Series: part 6: String Crossing Exercises
String Crossings Series: part 7: Integration
String Crossing Exercises #1
String Crossing Exercises #2
String Crossing Exercises #3
String Crossing Exercises #4
Clean Up Your Playing (Behind the Scenes) part 4

STRING CROSSINGS: ADVANCED TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 4

STRING CROSSINGS: RIGHT HAND TECHNIQUE

Smooth String Crossings
String Crossings Series: part 1: Maintaining Tone
String Crossings Series: part 2: Micro Levels
String Crossings Series: part 3: Coordination with Left Hand
String Crossings Series: part 4: Efficiency I
String Crossings Series: part 5: Efficiency II
String Crossings Series: part 6: String Crossing Exercises
String Crossings Series: part 7: Integration
String Crossing Exercises #1
String Crossing Exercises #2
String Crossing Exercises #3
Clean Up Your Playing (Behind the Scenes) part 4

STRING CROSSINGS: LEFT HAND TECHNIQUE

Clean Up Your Playing (Behind the Scenes) part 4

STRING CROSSINGS: LEFT/RIGHT HAND TECHNIQUE

Dr. Laurie Scott, part 8: Coordination and Bowing
Clean Up Your Playing (Behind the Scenes) part 4

VIOLIN LAB COMPREHENSIVE VIDEO LIST

STRING CROSSINGS: INTERVIEWS WITH EXPERTS

Dr. Laurie Scott, part 8: Coordination and Bowing

STRING CROSSINGS: PRACTICE STRATEGIES

Clean Up Your Playing (Behind the Scenes) part 4

STRING CROSSINGS: EXERCISES & TECHNIQUE STUDIES

String Crossing Exercises #1

String Crossing Exercises #2

String Crossing Exercises #3

String Crossing Exercises #4

VIOLIN LAB COMPREHENSIVE VIDEO LIST

TONE PRODUCTION & EXPRESSIVE TECHNIQUE: INTERMEDIATE TECHNIQUE

Finger Motion: Fingers Move the Bow
Sad Romance: a study in Romantic shifting
The Sustained Bow Stroke
Meditation from Thais: phrase 1, performance
Meditation from Thais: phrase 1, tutorial part 1
Meditation from Thais: phrase 1, tutorial part 2
Meditation from Thais: phrase 1, tutorial part 3
Meditation from Thais: phrase 1, tutorial part 4
Meditation from Thais: phrase 2, performance
Meditation from Thais: phrase 2, tutorial part 1
Meditation from Thais: phrase 2, tutorial part 2
Meditation from Thais: phrase 3, performance
Meditation from Thais: phrase 3, tutorial
Meditation from Thais: phrase 4, performance
Meditation from Thais: phrase 4, tutorial
Meditation from Thais: final phrase, performance
Meditation from Thais: final phrase, tutorial
Scale Study #9: Hair Pins
Scale Study #10: The Backwards Hair Pin

TONE PRODUCTION & EXPRESSIVE TECHNIQUE: RIGHT HAND TECHNIQUE

Finger Motion: Fingers Move the Bow
Elements of Tone Production: Sounding Point, part 1
Elements of Tone Production: Sounding Point, part 2
Elements of Tone Production: Sounding Point, part 3
Elements of Tone Production: Bow Pressure
Elements of Tone Production: Bow Speed
The Sustained Bow Stroke
Dr. Stephen Redfield, part 3: Varying Bow Speed
Dr. Stephen Redfield, part 6: Finger Motion
Dr. Paula Bird, part 1: Awareness of Tone I
Dr. Paula Bird, part 2: Awareness of Tone II
Dr. Paula Bird, part 3: Awareness of Tone III
Elise Winters: Bow Weight and Tone Production
Elise Winters, part 2: Maximizing Tone and the Bow Hold
Scale Study #10: The Backwards Hair Pin
Advanced Tone Production: part 1: Using More Bow (Extremities)
Advanced Tone Production: part 2: Using More Bow (Point A to B)
Advanced Tone Production: part 3: Using More Bow (10 percent?)
Advanced Tone Production: part 4: Using More Bow (Full Breaths)
Expressive Phrasing 101: Basic Requirements part 1
Expressive Phrasing 101: Basic Requirements part 2
Expressive Phrasing 101: Basic Requirements part 3
Expressive Phrasing 101: Basic Requirements part 4
Expressive Phrasing 201: Beyond the Dynamics intro
Expressive Phrasing 201: Beyond the Dynamics part 1
Expressive Phrasing 201: Beyond the Dynamics part 2 (the Taper)
Expressive Phrasing 201: Beyond the Dynamics part 3 (Training the Taper)
Expressive Phrasing 201: Beyond the Dynamics part 4 (Adding Emphasis)

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Expressive Phrasing 201: Beyond the Dynamics part 5 (Contouring 1)

Expressive Phrasing 201: Beyond the Dynamics part 6 (Contouring 2)

Expressive Phrasing 201: Beyond the Dynamics part 7 Conclusion

TONE PRODUCTION & EXPRESSIVE TECHNIQUE: LEFT HAND TECHNIQUE

Dr. Stephen Redfield: Expressive Qualities of Vibrato

Dr. Colleen McCullough: part 6: Varying Vibrato Speed

TONE PRODUCTION & EXPRESSIVE TECHNIQUE: INTERVIEWS WITH EXPERTS

Dr. Stephen Redfield: Expressive Qualities of Vibrato

Dr. Stephen Redfield: Establishing Personal Voice

Dr. Stephen Redfield, part 2: Musicality and Expression

Dr. Stephen Redfield, part 3: Varying Bow Speed

Dr. Stephen Redfield, part 6: Finger Motion

Dr. Paula Bird, part 1: Awareness of Tone I

Dr. Paula Bird, part 2: Awareness of Tone II

Dr. Paula Bird, part 3: Awareness of Tone III

Elise Winters: Bow Weight and Tone Production

Elise Winters: part 2: Maximizing Tone and the Bow Hold

Dr. Colleen McCullough: part 1: Classical Style and Mozart

Dr. Colleen McCullough: part 3: Practicing Musicality

Dr. Colleen McCullough: part 6: Varying Vibrato Speed

TONE PRODUCTION & EXPRESSIVE TECHNIQUE: EXERCISES & TECHNIQUE STUDIES

Scale Study #9: Hair Pins

Scale Study #10: The Backwards Hair Pin

TONE PRODUCTION & EXPRESSIVE TECHNIQUE: PERFORMANCE SKILLS

Expressive Phrasing 201: Beyond the Dynamics part 7 Conclusion

VIOLIN LAB COMPREHENSIVE VIDEO LIST

TOPICS: WORKSHOP 2012 VIDEOS

- 428 (Workshop 2012) Scaludes by Kristin Turner: part 1
- 429 (Workshop 2012) Scaludes by Kristin Turner: part 2
- 430 (Workshop 2012) Vibrato Class by Bill Dick: part 1
- 431 (Workshop 2012) Vibrato Class by Bill Dick: part 2
- 432 (Workshop 2012) Literature Survey: Intermediate/Advanced, part 1
- 433 (Workshop 2012) Literature Survey: Intermediate/Advanced, part 2
- 434 (Workshop 2012) Shifting by Bill Dick: part 1
- 435 (Workshop 2012) Shifting by Bill Dick: part 2

CATAGORIES: WEBCASTS

- 377 “What to Look for When Buying a Bow” *Note: Video Link unavailable.*

CATAGORIES: AUDIO FILES

- 378 Sad Romance Accompaniment

CATAGORIES: CHRISTMAS CAROLS

- 406 Greensleeves (What Child is This): fingerings (2011)
- 407 Silent Night (fingerings close-up) (2011)
- 408 Deck the Halls (2011)
- 446 Christmas Carols 2012: up close fingerings
- 447 Christmas Carols 2012: tutorial
- 448 Tutorial for Christmas Carols 2011

MISCELLANEOUS VIDEOS

Note: Under Video Lessons Library/Browse Videos, those shown below are not listed within any “Categories” or “Topics”. However, they are found on the complete listing of Videos 1 thru 523.

- 121 Superstudies book 1: #10 {added to pages 1, 2}
- 160 Olivia’s Waltz
- 161 Developing Good Rhythm and Sight-Reading {added to pages 16, 23, 24}
- 257 Dr. Laurie Scott, part 1: Getting Comfortable Holding the Violin
- 286 Martha Carapetyan, part 1: Increasing Comfort Holding the Violin
- 287 Martha Carapetyan, part 2: Increasing Comfort Holding the Violin
- 290 Dr. Glen Leupnitz: Why Learning Violin as an Adult is Essential to Brain Health
- 292 Daniela Shtereva Interview, part 2 {added to page 26}
- 344 Three Against Two {added to pages 16, 23, 24}
- 373 Violin and Viola: What's the difference: part 1
- 374 Violin and Viola: What's the difference: part 2
- 376 Harmonics

VIOLIN LAB COMPREHENSIVE VIDEO LIST

- 409 When to Use 4th Finger vs Open String
- 411 Improving Rhythmic Skills: part 2: Exercise for Developing Internal Beat
- 412 Improving Rhythmic Skills: part 3: Visual Organization
- 413 Improving Rhythmic Skills: part 4: Score Study {added 413-417 to page 24}
- 414 Improving Rhythmic Skills: part 5: Daily Drills
- 415 Improving Rhythmic Skills: part 6: Working with “Rhythm a Week”

- 424 Rhythm: Staying On the Off Beat {added to page 24}

- 442 Suzuki Book 2: Lully Gavotte, performance {added to page 9}

- 443 "Deeply Grow the Roots": Advanced tutorial

- 457 Virtual Ensemble 2013: General Comments
- 458 Virtual Ensemble 2013: Violin 1 tutorial
- 459 Virtual Ensemble 2013: Violin 2 tutorial
- 460 Virtual Ensemble 2013: Violin 3 tutorial
- 461 Virtual Ensemble 2013: Viola tutorial

- 463 Vivaldi A Minor Concerto 1st movement: Roy Sonne pt.1
- 464 Vivaldi A Minor Concerto 1st movement: Roy Sonne pt.2
- 465 Vivaldi A Minor Concerto 1st movement: Beth, pt.1
- 466 Vivaldi A Minor Concerto 1st movement: Beth, pt.2
- 467 Vivaldi A Minor Concerto 1st movement: Beth, pt.3
- 468 Vivaldi A Minor Concerto 1st movement: Beth, pt.4
- 469 Vivaldi A minor Concerto 2nd movement: Roy Sonne pt.2
- 470 Vivaldi Concerto in A minor 2nd movement: Beth Blackerby
- 472 Vivaldi A Minor Concerto 3rd movement: Roy Sonne prt.1
- 473 Vivaldi A Minor Concerto 3rd movement: Roy Sonne prt.2
- 474 Vivaldi A Minor Concerto 3rd movement: Beth Blackerby

- 477 Tuning Systems (Pythagorean, Just, Equal Temperament)

- 480 Dan Kobialka: part 1: Movement and Playing {added to page 15}

- 499 Editing Workshop: part 1

- 505 Wohlfahrt Etude #19, op.74 no. 6 {added to page 30}

- 515 Zombie Caprice Music Video
- 516 Zombie Caprice Tutorial

VIOLIN LAB COMPREHENSIVE VIDEO LIST

VIDEOS

- 1 Instrument Set Up
- 2 Putting Guide Tapes on the Violin
- 3 Tuning the Violin with Electronic Tuner
- 4 Tuning the Violin with Fine Tuners
- 5 Shoulder Pad Styles
- 6 Putting on the Shoulder pad
- 7 Adjusting the Bon Musica
- 8 Tuning the Violin in Fifths
- 9 How to Hold the Bow
- 10 Bow Hold Exercises
- 11 Tightening the Bow
- 12 Rosining the Bow
- 13 Violin Hold
- 14 Comfortability Issues
- 15 Note Names of Open Strings
- 16 Bow Geometry
- 17 Preparing the Bow Arm
- 18 First Bow Strokes
- 19 Guided Practice Introduction
- 20 Guided Practice #1: Playing in the Middle of the Bow
- 21 Playing at the Tip of the Bow
- 22 Bowing at the Frog
- 23 Guided Practice #2: Playing at the Frog and Tip
- 24 Crossing Strings
- 25 Guided Practice #3: String Crossings
- 26 Whole Bow Strokes
- 27 Guided Practice #4: Whole Bow Strokes
- 28 Thumb and Left Hand Placement
- 29 Finger Action of the Left Hand
- 30 Finger Action and Finger Pressure
- 31 Adding Fingers to Bow Stroke
- 32 Tone Production 1: Finding the Ring Tones
- 33 2-3 Finger Spacing Pattern
- 34 Intonation: part 1
- 35 Left Hand Mobility and Relaxation
- 36 Playing Comfortably on the G String
- 37 Note Names for Finger Spacing Pattern 1
- 38 Guided Practice #5: Finger Spacing Pattern 1
- 39 Twinkle, Twinkle, Little Star Lesson 1: Variation A
- 40 Twinkle, Twinkle, Little Star: Lesson 2: Variation C
- 41 Twinkle, Twinkle, Little Star: Lesson 3: Variation D
- 42 Twinkle, Twinkle, Little Star: Lesson 4: Variation E
- 43 Twinkle, Twinkle, Little Star: Lesson 5: Variation B
- 44 Twinkle, Twinkle, Little Star: Lesson 6: Learning the Left Hand
- 45 Twinkle, Twinkle, Little Star: Lesson 7: Putting it All Together
- 46 Twinkle, Twinkle, Little Star: lesson 8: Twinkle Theme
- 47 Twinkle, Twinkle, Little Star: performance
- 48 Superstudies book 1: #5
- 49 Bow Retakes
- 50 A major scale
- 51 Superstudies book 1: #1
- 52 Skips with Finger Spacing Pattern 1
- 53 D Major Scale (note demonstration)
- 54 D Major Scale (practicing the scale)
- 55 French Folk Song
- 56 Lightly Row: tutorial
- 57 Song of the Wind: tutorial
- 58 Broken Third Pattern
- 59 Go Tell Aunt Rhody: tutorial
- 60 May Song: tutorial
- 61 Using 4th finger
- 62 Superstudies book 1: #4
- 63 O Come, Little Children: tutorial
- 64 Guided Practice #6: Skips, part 1
- 65 Guided Practice #7: Skips, part 2
- 66 Intonation: part II
- 67 Stiffness in the Wrist and Fingers of the Bow Arm
- 68 "Are You Sleeping in A major"
- 69 Finger Motion: Fingers Move the Bow
- 70 Finger Motion at the Frog

VIOLIN LAB COMPREHENSIVE VIDEO LIST

- 71 Advanced Bow Hold
- 72 The Bow Hold in Motion
- 73 Building Flexibility into the Bow Hand
- 74 Daily Bow Hand Exercises for Developing Flexibility
- 75 Bow Arm Considerations: wrist and elbow levels
- 76 (FREE) Left Hand Squeezing: part 1: Why We Do It
- 77 Left Hand Squeezing part 2: Security Matters
- 78 Left Hand Squeezing: part 3 - Restructuring
- 79 Left Hand Squeezing: part 4 - Strengthening the Hand
- 80 Left Hand Squeezing: part 5 - How Much Space, Really?
- 81 Left Hand Squeezing: part 6: First Finger and the E string: No Scrunching!
- 82 Left Hand Squeezing: part 7: Extras
- 83 Left Thumb: Issues with Placement and Pressure
- 84 Long, Long Ago: tutorial
- 85 Allegro: tutorial
- 86 Perpetual Motion: tutorial
- 87 Block Fingerings
- 88 Allegretto: performance
- 89 Allegretto: tutorial
- 90 Slurs
- 91 Guided Practice: Slurs
- 92 Superstudies book 1: #2
- 93 Finger Spacing Pattern 2
- 94 Note Names for Finger Spacing Pattern II
- 95 Guided Practice #8 Spacing Pattern II, part 1
- 96 Guided Practice #9: Spacing Pattern II, part 2
- 97 G Major 2-octave scale
- 98 Intonation III
- 99 Are You Sleeping in G major
- 100 Bow Arm Tension: Getting Rid of the Bounce
- 101 Intonation IV
- 102 Superstudies book 1: #8
- 103 Lesson 54: Simple Gifts in G major
- 104 (FREE) Maintaining a "Straight Bow" part 1
- 105 Maintaining a Straight Bow part. 2
- 106 Maintaining a "Straight Bow" prt.3
- 107 Maintaining a "Straight Bow" prt.4
- 108 Maintaining a "Straight Bow" prt.5
- 109 Maintaining a "Straight Bow" prt.6
- 110 Maintaining a Straight Bow #7: Fast Bows
- 111 Maintaining a Straight Bow #8: The Bi-Fold Door and the Bow Arm
- 112 Etude: tutorial
- 113 Fingertips hitting other strings
- 114 Tension when using the Low 2nd Finger
- 115 Finger Spacing Pattern 3
- 116 Note Names for Finger Spacing Pattern 3
- 117 A Major 2-Octave Scale
- 118 Guided Practice #10: Finger Spacing Pattern 3
- 119 Andantino: performance
- 120 Andantino: tutorial
- 121 Superstudies book 1: #10
- 122 Consistent Finger Placement and Intonation
- 123 Bow Weight
- 124 Bow Speed and Rhythmic Patterns
- 125 Bow Speed and Tone
- 126 Minuet #1: performance
- 127 Minuet #1: tutorial
- 128 Accidentally Hitting Other Strings
- 129 Tuning with the Pegs
- 130 Third Finger Spacing Pattern 3 (Low Position)
- 131 B flat 2-Octave scale
- 132 Guided Practice #12: Finger Drills #1
- 133 Guided Practice # 13: Finger Drills 2
- 134 Guided Practice #14 Finger Drills 3
- 135 Minuet #2: performance
- 136 Minuet #2: tutorial
- 137 Minuet #3: performance
- 138 Minuet #3: tutorial
- 139 Smooth String Crossings
- 140 Independence Between Left and Right Hands
- 141 Gossec Gavotte: performance
- 142 Happy Farmer: tutorial

VIOLIN LAB COMPREHENSIVE VIDEO LIST

143	Happy Farmer: performance
144	Hovering Fingers
145	Finger Action: Slow Release
146	Finger Action: Slow Drop
147	Bow Tilt
148	Gossec Gavotte: tutorial, part 1
149	Gossec Gavotte: tutorial, part 2
150	Chorus from Judas Maccabaeus: tutorial
151	Elements of Tone Production: Sounding Point, part 1
152	Elements of Tone Production: Sounding Point, part 2
153	Elements of Tone Production: Sounding Point, part 3
154	Elements of Tone Production: Bow Pressure
155	Elements of Tone Production: Bow Speed
156	"Deeply Grow the Roots": Beginning Tutorial
157	Long, Long Ago (Suzuki Book 2) : tutorial
158	Hunter
159	Waltz: Suzuki Book 2: tutorial
160	Olivia's Waltz
161	(FREE) Developing Good Rhythm and Sight-Reading Skills
162	Practicing with a Metronome
163	(FREE) String Crossings Series: part 1: Maintaining Tone
164	(FREE) String Crossings Series: part 2: Micro Levels
165	String Crossings Series: part 3: Coordination with Left Hand
166	String Crossings Series: part 4: Efficiency I
167	String Crossings Series: part 5: Efficiency II
168	String Crossings Series: part 7: Integration
169	String Crossings Series: part 6: String Crossing Exercises
170	String Crossing Exercises #1
171	String Crossing Exercises #2
172	String Crossing Exercises #3
173	String Crossing Exercises #4
174	Musette: tutorial
175	"Si Bheag Si Mhor": tutorial
176	Left Hand Conditioning: Strengthening and Stretching, part 1
177	Left Hand Conditioning: Strengthening and Stretching, part 2
178	Bouree by Bach: Suzuki Book 2 tutorial
179	Two Grenadiers: tutorial, part 1
180	Suzuki Book 2, Minuet in G: part 2
181	Suzuki Book 2: Minuet in G, part 1
182	Witches' Dance performance
183	Suzuki Book 2: Lully Gavotte, part 2
184	Two Grenadiers: tutorial, part 2
185	Two Grenadiers Performance
186	Witches' Dance: tutorial, part 1
187	Witches' Dance: tutorial, part 2
188	Witches' Dance: tutorial, part 3
189	Gavotte from Mignon: performance
190	Gavotte from Mignon: tutorial, part 1
191	Gavotte from Mignon: tutorial, part 2
192	Gavotte from Mignon: tutorial, part 3
193	Suzuki Book 3: Gavotte in G minor (Bach)
194	Suzuki Book 3: Minuet (Bach)
195	Violin Vibrato: Slow Motion Do
196	(FREE) Vibrato: Part 1: Basic Motion
197	(FREE) Vibrato: Part 2: Impulse Mechanism
198	Vibrato: Part 3: Learning Wrist Vibrato
199	Vibrato: Part 4: Learning Arm Vibrato
200	Vibrato: part 5: Adding the Bow
201	Vibrato: part 6: Next Level Exercises
202	Vibrato: part 7: Adding Pitch
203	Vibrato: part 8: Integrating
204	Vibrato: part 9: Continuous Vibrato
205	Vibrato: part 10: Vibrato in High Positions
206	Vibrato: part 11: The Gorgeous Vibrato
207	Vibrato: part 12: Gorgeous Vibrato, part 2
208	Vibrato help and clarification
209	Vibrato: What happens when the hand and arm work against each other
210	Vibrato: the Problematic G string Vibrato
211	Vibrato: Trouble Shooting the Shaky Violin and the Climbing Left Hand
212	Vibrato: Wrist angles
213	Vibrato: (video response) Adding Finger Pressure
214	Vibrato Practice part 1

VIOLIN LAB COMPREHENSIVE VIDEO LIST

215	Vibrato Practice part 2
216	Vibrato Practice part 3
217	Sad Romance: a study in Romantic shifting
218	Bow Articulation: part 1: Overview
219	Bow Articulation: part 2: Mechanics
220	Bow Articulation: part 3: Practice Exercises
221	Whole Bows: (Legato at the Tip)
222	The Sustained Bow Stroke
223	The Staccato Bow Stroke (on the string)
224	The Staccato Bow Stroke (off the string)
225	Staccato Vs. Spiccato
226	Learning Spiccato: part 1
227	Learning Spiccato, part 2
228	Staccato Practice
229	Classical Bowing Articulation: 2-slur, 2-separate
230	Bow Strokes: Detache, Legato, Marcato, Martele, Staccato
231	(FREE) Double Stops: part 1: Establishing Tone
232	Double Stops: part 2: Left Hand
233	(FREE) Double Stops: part 3: Intonation
234	Double Stops: part 4: Perfect Intervals
235	Double Stops: part 5: Difficult Intervals and Hand Position
236	Double Stops: part 6: Vibrato with Double Stops and Playing Octaves
237	Double Stops: part 7: Playing Double Stops in High Positions and Fiddling Double Stops
238	Double Stops: part 8: Introducing Ms. Trott
239	Dr. Stephen Redfield: Expressive Qualities of Vibrato
240	Dr. Stephen Redfield, part 2: Musicality and Expression
241	Dr. Stephen Redfield, part 3: Varying Bow Speed
242	Dr. Stephen Redfield, part 4: Importance of Etudes
243	Dr. Stephen Redfield, part 5: Varying Sounding Point
244	Dr. Stephen Redfield, part 6: Finger Motion
245	Dr. Stephen Redfield, part 7: Cole Bow Stroke
246	Dr. Stephen Redfield, part 8: Bow Pressure
247	Dr. Stephen Redfield, part 9: Bow Angle
248	(FREE) Dr. Kirsten Yon: Part 1 - The Relaxed Left Hand
249	(FREE) Dr. Kirsten Yon: Part 2 - The Relaxed Left Hand
250	Dr. Kirsten Yon: Part 3 - Drop and Release Finger Action
251	Dr. Kirsten Yon: Part 4 - Feeling of Release in Practice
252	Dr. Kirsten Yon: Part 5 - Expunging Tension in the Bow Arm
253	Dr. Kirsten Yon: part 6- Learning Finger Motion for Legato Bow Strokes
254	Dr. Kirsten Yon: part 7- Learning Vibrato
255	Dr. Kirsten Yon: Part 8: Tuning Conscience
256	Dr. Kirsten Yon: Part 9, Physiology of Intonation
257	(FREE) Dr. Laurie Scott, part 1: Getting Comfortable Holding the Violin
258	Dr. Laurie Scott, part 2: Preparing to Shift
259	(FREE) Dr. Laurie Scott, part 3: Left Hand Thumb Placement
260	Dr. Laurie Scott, part 4: Walking Fingers
261	Dr. Laurie Scott, part 5: Smooth String Crossings
262	Dr. Laurie Scott, part 6: Finger Independence
263	Dr. Laurie Scott, part 7: Changing Finger Spacing Pattern
264	Dr. Laurie Scott, part 8: Coordination and Bowing
265	Dr. Laurie Scott, part 9: Training Vibrato
266	Dr. Laurie Scott, part 10: Practice Time
267	Dr. Paula Bird, part 1: Awareness of Tone I
268	Dr. Paula Bird, part 2: Awareness of Tone II
269	Dr. Paula Bird, part 3: Awareness of Tone III
270	(FREE) Dr. Paula Bird, part 4: Maintaining Relaxed Bow Hold
271	Dr. Paula Bird, part 5: Maintaining a Relaxed Bow Arm
272	Dr. Paula Bird, part 6: Developing Intonation I
273	Dr. Paula Bird, part 7: Intonation II
274	Dr. Paula Bird, part 8: Learning Vibrato
275	Dr. Paula Bird, part 9: Vibrato Rounds
276	Dr. Paula Bird, part 10: Wrist vs Arm Vibrato
277	Dr. Paula Bird, part 11: Practice Tip - Make a Plan
278	Dr. Paula Bird, part 12: Practice Tip - Rubber Band Analogy
279	Elise Winters: Bow Weight and Tone Production
280	Elise Winters, part 2: Maximizing Tone and the Bow Hold
281	Elise Winters, part 3: Maintaining Relaxed Bow Hold
282	Elise Winters, part 5: Triplet Boomerang
283	Elise Winters, part 4: Spiccato
284	Elise Winters, part 6: Finding Ring Tones
285	Elise Winters, part 7: Contextual Tones
286	Martha Carapetyan, part 1: Increasing Comfort Holding the Violin

VIOLIN LAB COMPREHENSIVE VIDEO LIST

287	Martha Carapetyan, part 2: Increasing Comfort Holding the Violin
288	Jessica Matheas: Warming Up with Kreutzer
289	Jessica Matheas: Franco-Belgian Bow Arm
290	Dr. Glen Leupnitz: Why Learning Violin as an Adult is Essential to Brain Health
291	Daniela Shtereva Interview, part 1
292	Daniela Shtereva Interview, part 2
293	Shifting 101: Part 1 - Basics
294	Shifting 101: Part 2 - One finger shifting
295	Shifting 101: Part 3 - Coordinating Bow Direction and Shift
296	Shifting 101: Part 4 - One Finger Shifting Exercise
297	Shifting 101: Part 5 - Shifting Styles (Classical)
298	Shifting 101: Part 6 - Shifting Styles (Romantic)
299	Shifting 101: Part 7 - Shifting Styles (Hybrid and Romanticized Classical)
300	Shifting and Bow Changes
301	Shifting Training part 1: Modes of Travel and Rules of Engagement
302	Shifting Training part 2: Classical Shift ascending (low finger to high finger)
303	Shifting Training part 3: Descending (lower finger to higher finger)
304	Shifting Training part 4: Descending (higher finger to lower finger)
305	Shifting Training part 5: Ascending Scale (Higher finger to lower finger)
306	Shifting Training part 6: Down the Scale
307	Shifting Training: part 7a: One Finger Scales, part 1
308	Shifting Training: Part 7b One Finger Scales, part 2
309	Shifting Training: Part 7c One Finger Scales, part 3 (arpeggios)
310	Shifting Training: Part 8 (Shifting Exercise to develop hand shapes for high positions)
311	Meditation from Thais: phrase 1, performance
312	Meditation from Thais: phrase 1, tutorial part 1
313	Meditation from Thais: phrase 1, tutorial part 2
314	Meditation from Thais: phrase 1, tutorial part 3
315	Meditation from Thais: phrase 1, tutorial part 4
316	Meditation from Thais: phrase 2, performance
317	Meditation from Thais: phrase 2, tutorial part 1
318	Meditation from Thais: phrase 2, tutorial part 2
319	(FREE) Meditation from Thais: phrase 3, performance
320	Meditation from Thais: phrase 3, tutorial
321	Meditation from Thais: phrase 4, performance
322	Meditation from Thais: phrase 4, tutorial
323	Meditation from Thais: final phrase, performance
324	Meditation from Thais: final phrase, tutorial
325	Scale Studies: Introduction and Explanation
326	Fourth Position and Flat Keys
327	Scale Study #1: Frog to Tip Articulation
328	Scale Study #2: Bow/Finger Coordination
329	Scale Study #3: Quick Down Bows (bow distribution)
330	Scale Study #4: "The Fling" (Hooked Bowing Patterns)
331	Scale Study #5: Tuning Octaves
332	Scale Study #6: "Karate Chop"
333	Scale Study #7: Training Up Bow Staccato
334	(FREE) Scale Study #8: Fast Fingers
335	Scale Study #9: Hair Pins
336	Scale Study #10: The Backwards Hair Pin
337	Scale Study #11: Down Bow Circles
338	Scale Study #12: Broad Hooked Bowing Pattern
339	Scale Study #13 Wolfahrt bowing pattern
340	Scale Study #14 Scallop stroke
341	Scale Study #16 Hug Your Bridge
342	Scale Study #15: Zig-Zag bow stroke
343	Scale Study #17: Slow to Fast Hooked Bows
344	Three Against Two
345	Art of Practicing: part 1: Isolating
346	Art of Practicing: part 2: Zoom In
347	Art of Practicing: part 3: Extreme Conditioning
348	Art of Practicing: part 4: More Extreme Conditioning
349	Art of Practicing: part 5: Changing the Landscape
350	Advanced Tone Production: part 1: Using More Bow (Extremities)
351	Advanced Tone Production: part 2: Using More Bow (Point A to B)
352	Advanced Tone Production: part 3: Using More Bow (10 percent?)
353	Advanced Tone Production: part 4: Using More Bow (Full Breaths)
354	Dr. Colleen McCullough: part 1: Classical Style and Mozart
355	Dr. Colleen McCullough: part 2: Practicing Shifts
356	Dr. Colleen McCullough: part 3: Practicing Musicality
357	Dr. Colleen McCullough: part 4: Technical Maintenance
358	Dr. Colleen McCullough: part 5: Attending to Set Up for Good Intonation and Shifting

VIOLIN LAB COMPREHENSIVE VIDEO LIST

- 359 Dr. Colleen McCullough: part 6: Varying Vibrato Speed
- 360 Dr. Colleen McCullough: part 7: Learning Vibrato
- 361 Dr. Colleen McCullough: part 8: Mystical Intonation
- 362 Dr. Colleen McCullough: part 9: Invaluable Lesson of Recording Yourself
- 363 Positions: part 1: Overview
- 364 Positions: part 2 Position Location
- 365 Positions: part 3 Why Letter Names
- 366 Positions: part 4: How We Know We're There
- 367 Positions: part 5: Finger Spacing Patterns and Exercises
- 368 Positions: part 6: Interval Spacings
- 369 Positions: part 7: Left Hand Considerations
- 370 Positions: part 8: Finding 3rd Position
- 371 Positions: part 9: Exercises for Establishing the 3rd Position Hand Frame
- 372 Positions: part 13: Continuing Your Training
- 373 Violin and Viola: Difference pt.1
- 374 Violin and Viola: What's the difference? part 2
- 375 Martele (Marcato) Bow Stroke
- 376 Harmonics
- 377 "What to Look For When Buying a Bow"
- 378 Sad Romance Accompaniment
- 379 Sad Romance beginning tutorial
- 380 Sad Romance beginning tutorial, part 2
- 381 Expressive Phrasing 101: Basic Requirements part 1
- 382 Expressive Phrasing 101: Basic Requirements part 2
- 383 Expressive Phrasing 101: Basic Requirements part 3
- 384 Expressive Phrasing 101: Basic Requirements part 4
- 385 Expressive Phrasing 201: Beyond the Dynamics, intro
- 386 Expressive Phrasing 201: Beyond the Dynamics part 1 (Crescendos and Decrescendos)
- 387 Expressive Phrasing 201: Beyond the Dynamics part 2 (the Taper)
- 388 Expressive Phrasing 201: Beyond the Dynamics part 3 (Training the Taper)
- 389 Expressive Phrasing 201: Beyond the Dynamics part 4 (Adding Emphasis)
- 390 Expressive Phrasing 201: Beyond the Dynamics part 5 (Contouring 1)
- 391 Expressive Phrasing 201: Beyond the Dynamics part 6 (Contouring 2)
- 392 Expressive Phrasing 201: Beyond the Dynamics part 7 Conclusion
- 393 Trills
- 394 Practicing with a Drone for Improving Intonation
- 395 Sautille Bow Stroke
- 396 Suzuki Book 2: Lully Gavotte, part 1
- 397 Suzuki Book 2: Boccherini Minuet
- 398 Scale Rounds: Explanation and Instructions
- 399 Scale Rounds: Explanation and Instructions, part 2
- 400 Finger Spacing Patterns: Preparation for Scale Rounds
- 401 G Harmonic Minor Scale Round: Note-By-Note
- 402 Positions: part 10: Shifting After an Open String
- 403 Positions: part 11: Tip for Improving Intonation
- 404 Positions: part 12: More Exercises
- 405 Positions: part 14: Amazing Grace in 3rd position
- 406 Greensleeves (What Child is This): fingerings (2011)
- 407 Silent Night (fingerings close-up) (2011)
- 408 Deck the Halls (2011)
- 409 When to Use 4th Finger vs. Open String
- 410 Improving Rhythmic Skills: part 1: Overview
- 411 Improving Rhythmic Skills: part 2: Exercise for Developing Internal Beat
- 412 Improving Rhythmic Skills: part 3: Visual Organization
- 413 Improving Rhythmic Skills: part 4: Score Study
- 414 Improving Rhythmic Skills: part 5: Daily Drills
- 415 Improving Rhythmic Skills: part 6: Working with "Rhythm a Week"
- 416 Superstudies book 1: #15
- 417 Superstudies book 1: #17, 18
- 418 Superstudies book 1: #14
- 419 Red, Red Rose performance with 3rd position shifts
- 420 Red, Red Rose Close Up Fingerings
- 421 Red, Red Rose Tutorial
- 422 Rhythm App: Rhythm Sight Reading Trainer
- 423 Intonia: Intonation Improving Software
- 424 Rhythm: Staying On the Off Beat
- 425 The Collé Bow Stroke: Part 1
- 426 The Collé Bow Stroke: Part 2, Collé vs. Finger Motion at the Frog
- 427 Sautillé and Seitz Violin Concertos
- 428 (Workshop 2012) Scaludes by Kristin Turner: part 1
- 429 (Workshop 2012) Scaludes by Kristin Turner: part 2
- 430 (Workshop 2012) Vibrato Class by Bill Dick: part 1

VIOLIN LAB COMPREHENSIVE VIDEO LIST

- 431 (Workshop 2012) Vibrato Class by Bill Dick: part 2
- 432 (Workshop 2012)Literature Survey: Intermediate/Advanced. part 1
- 433 (Workshop 2012) Literature Survey: Intermediate/Advanced, part 2
- 434 (Workshop 2012)Shifting by Bill Dick: part 1
- 435 (Workshop 2012) Shifting by Bill Dick: part 2
- 436 Practice Techniques: Part 1 - Tone and Intonation
- 437 Practice Techniques: Part 2 - Coordination (Varied Bowing Patterns)
- 438 Practice Techniques: Part 3 - Coordination (Accents)
- 439 Practice Techniques: Part 4 - Speed (Rhythm Variations)
- 440 Practice Techniques: Part 5: Speed (Bursts)
- 441 Practice Techniques: Part 6: Fine Tuning
- 442 Suzuki Book 2: Lully Gavotte performance
- 443 "Deeply Grow the Roots": Advanced tutorial
- 444 Suzuki Book 3: Martini Gavotte part 1
- 445 Suzuki Book 3: Martini Gavotte part 2
- 446 Christmas Carols 2012: up close fingerings
- 447 Christmas Carols 2012: tutorial
- 448 Tutorial for Christmas Carols 2011
- 449 Sautillé Bow Stroke, Part 2
- 450 Suzuki Book 3: Humoresque, part 1
- 451 Suzuki Book 3: Humoresque, part 2
- 452 Suzuki Book 3: Humoresque, part 3
- 453 Suzuki Book 3: Gavotte in D Major, part 1
- 454 Suzuki Book 3: Gavotte in D Major, part 2
- 455 Suzuki Book 3: Bourée
- 456 Suzuki Book 3: Bourée, part 2
- 457 Virtual Ensemble 2013: General Comments
- 458 Virtual Ensemble 2013: Violin 1 tutorial
- 459 Virtual Ensemble 2013: Violin 2 tutorial
- 460 Virtual Ensemble 2013: Violin 3 tutorial
- 461 Virtual Ensemble 2013: Viola tutorial
- 462 The Fluid Shoulder (aka Getting Rid of the Bounces)
- 463 Vivaldi A Minor Concerto 1st movement: Roy Sonne pt.1
- 464 Vivaldi A Minor Concerto 1st movement: Roy Sonne pt.2
- 465 Vivaldi A Minor Concerto 1st movement: Beth, pt. 1
- 466 Vivaldi A Minor Concerto 1st movement: Beth, pt. 2
- 467 Vivaldi A Minor Concerto 1st movement: Beth, pt. 3
- 468 Vivaldi A Minor Concerto 1st movement: Beth, pt. 4
- 469 Vivaldi A minor Concerto 2nd movement: Roy Sonne pt.2
- 470 Vivaldi Concerto in A minor 2nd movement by Beth
- 471 1 Wohlfahrt Etude op.45 #1
- 472 Vivaldi A Minor Concerto 3rd movement: Roy Sonne prt.1
- 473 Vivaldi A Minor Concerto 3rd movement: Roy Sonne prt.2
- 474 Vivaldi A Minor Concerto 3rd movement: Beth Blackerby
- 475 2 Wohlfahrt Etude op.45 #8
- 476 3 Wohlfahrt Etude op.45 #3
- 477 Tuning Systems (Pythagorean, Just, Equal Temperament)
- 478 4 Wohlfahrt op.54, no. 2
- 479 5 Wohlfahrt Etude op.45 #2
- 480 Dan Kobialka: part 1: Movement and Playing
- 481 Dan Kobialka: part 2: Finger Motion Exercise
- 482 Dan Kobialka: part 3: Spiccato
- 483 Dan Kobialka: part 4: Finger Release
- 484 Dan Kobialka: part 5: Teaching Technique for Setting Up the Left Hand
- 485 Dan Kobialka: part 6: Thumb Angle
- 486 (FREE) Dan Kobialka: part 7: Spacial Awareness and Intonation
- 487 Dan Kobialka: part 8: Foundation Fingers.
- 488 Dan Kobialka: part 9: Vibrato Motion Exercise
- 489 Dan Kobialka: part 10: Descending Shifts
- 490 Dr. Stephen Redfield: Vibrato Interview: Good vs Bad
- 491 Dr. Stephen Redfield: Vibrato Interview: part 2 Styles of Vibrato
- 492 Dr. Stephen Redfield: Learning Vibrato: Step 1 Identifying the Motion
- 493 Dr. Stephen Redfield: Learning Vibrato: Step 2 "Points of Contact"
- 494 Dr. Stephen Redfield: Learning Vibrato: Step 3 "the Paper Trick"
- 495 Dr. Stephen Redfield: Learning Vibrato: Step 4 "Integrating"
- 496 25 Wohlfahrt Etude op.54 no.10 (The Pinky Buster)
- 497 6 Wohlfahrt Op. 45 no. 4
- 498 7 Wohlfahrt Op. 45, no.18
- 499 Editing Workshop: part 1
- 500 Wohlfahrt Etude #10 op.45 #7
- 501 Wohlfahrt Etude #11 op.54 #6
- 502 Wohlfahrt Etude #13 op.45 #16

VIOLIN LAB COMPREHENSIVE VIDEO LIST

- 503 Wohlfahrt Etude #17 op.54 nos. 9 and 8
- 504 Wohlfahrt Etüde #40, op. 45 no. 20
- 505 Wohlfahrt Etüde #19, op. 74 no. 6
- 506 Wohlfahrt Etüde #21, op.54 no. 12
- 507 Wohlfahrt Etüde #38, op.45 #12
- 508 Left Hand: Contact, Balance, Vibrato part 1
- 509 Left Hand: Contact, Balance, Vibrato part 2
- 510 Left Hand: Contact, Balance, Vibrato part 3
- 511 Wohlfahrt Etüde #16, op.45 #9
- 512 Arm Vibrato: Tight Knuckles
- 513 Up Bow Staccato: via Kreutzer Etude #4
- 514 Spiccato Styles: broad and brushy vs. light and delicate
- 515 Zombie Caprice Music Video
- 516 Zombie Caprice Tutorial
- 517 The Galamian Bow Arm
- 518 Clean Up Your Playing (Behind the Scenes) part 1
- 519 Clean Up Your Playing (Behind the Scenes) part 2
- 520 Clean Up Your Playing (Behind the Scenes) part 3
- 521 Clean Up Your Playing (Behind the Scenes) part 4
- 522 Dr. Stephen Redfield: Learning Vibrato: Step 5 "Control"
- 523 (FREE) Dr. Stephen Redfield: Establishing Personal Voice